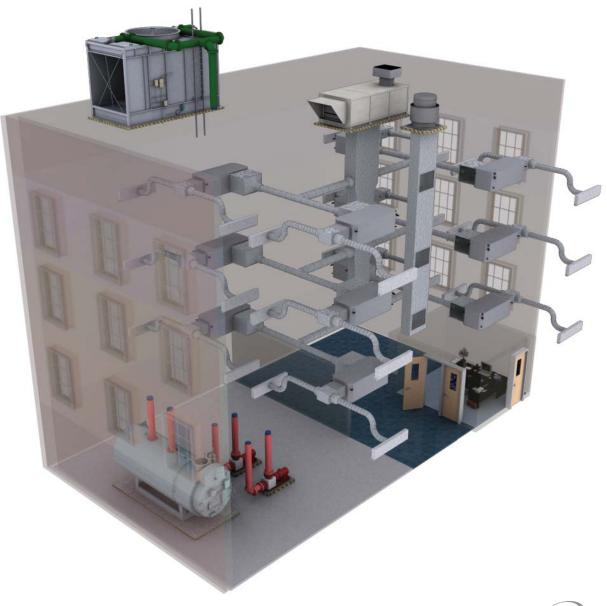


Trane Engineers Newsletter Live

Energy-Saving Strategies for Water-Source and Ground-Source Heat Pump Systems

Presenters: Mick Schwedler, Paul Solberg, John Murphy, Jeanne Harshaw (host)







Energy-Saving Strategies for WSHP/GSHP Systems

Presenters: Mick Schwedler, Paul Solberg, John Murphy, Jeanne Harshaw (host)

This ENL will discuss HVAC system design and control strategies that can save energy in water-source heat pump (WSHP) and ground-source heat pump (GSHP) systems. Topics include the latest technologies being used in heat pumps, design and control of the water distribution loop and dedicated outdoor-air system, ground-source systems, and a review of the requirements in ASHRAE Standard 90.1 that apply to WSHP/GSHP systems.

Viewer learning objectives

- 1. Identify the differences between distributed and centralized heat pump systems
- 2. Understand the latest technologies being used in heat pumps (compressors, fans)
- 3. Learn about various design and control strategies that can save energy in WSHP/GSHP systems
- 4. Learn how to design and control a dedicated OA system as part of a WSHP/GSHP system
- 5. Understand how the requirements of ASHRAE Standard 90.1 apply to WSHP/GSHP systems

Welcome, agenda, introductions

Overview of a water-source heat pumps

- a) Value of heat pumps
- b) High-level description of WSHP (cooling vs. heating mode)

Brief comparison of distributed vs. centralized heat pump systems

- a) Advantages and drawbacks of distributed heat pump systems
- b) Advantages and drawbacks of centralized heat pump systems (refer to 2011 ENL for more info)

Overview of a distributed, water-source heat pump system

- a) High-level description of WSHP system components
- b) Overview advantages of WSHP systems
- c) Overview challenges of WSHP systems

Latest technologies being used in heat pumps

- a) Compressor technologies and capacity modulation technologies (cycling vs. two-stage vs. Digital scroll vs. variable-speed)
- b) Fan technologies (coordinated fan/compr control)
- c) ASHRAE 90.1 requirements

Dedicated outdoor-air system

a) Air distribution options: direct to space vs. to the unit inlet (list advantages & drawbacks of each)

- b) Brief review of cold vs. neutral discussion and control strategies
- c) ASHRAE 90.1 requirements: Demand-controlled ventilation
- d) Brief discussion of various equipment types
- e) ASHRAE 90.1 requirements: Exhaust-air energy recovery
- Water distribution loop, including heat rejection, heat addition, and controls
 - a) High-level description of water distribution loop components
 - b) Waterside economizing

Ground-source systems (brief discussion of advantages and drawbacks of each)





Presenter biographies

Mick Schwedler | manager, applications engineering | Trane

Mick has been involved in the development, training, and support of mechanical systems for Trane since 1982. With expertise in system optimization and control (in which he holds patents), and in chilled-water system design, Mick's primary responsibility is to help designers properly apply Trane products and systems. To do so, he provides one-on-one support, writes technical publications, and presents seminars.

A recipient of ASHRAE's Distinguished Service and Standards Achievement Awards, Mick is the immediate past Chair of SSPC 90.1, which was responsible for writing ANSI/ASHRAE/IESNA 90.1-2010, a prerequisite for LEED. He also contributed to the ASHRAE GreenGuide and is a member of theUSGBC Education Events Committee. Mick earned his mechanical engineering degree from Northwestern University and holds a master's degree from the University of Wisconsin Solar Energy Laboratory.

Paul Solberg | applications engineer | Trane

A mechanical engineer from the University of Wisconsin at Platteville, Paul is a 35-year veteran of Trane. He specializes in compressor and refrigeration systems, and has authored numerous Trane publications on these subjects, including application manuals, engineering bulletins, and *Engineers Newsletters*. Paul served in the technical service and applications engineering areas at various manufacturing locations, where he developed particular expertise supporting split systems, small packaged chillers, rooftop air conditioners, and other unitary products.

Paul is the Vice Chair of ASHRAE Standard 147 "Reducing the Release of Halogenated Refrigerants from Refrigerating and Air-Conditioning Equipment and Systems", a voting member of TC 8.7 VRF, and is involved in other ASHRAE technical committees.

John Murphy | applications engineer | Trane

John has been with Trane since 1993. His primary responsibility as an applications engineer is to aid design engineers and Trane sales personnel in the proper design and application of HVAC systems. As a LEED Accredited Professional, he has helped our customers and local offices on a wide range of LEED projects. His main areas of expertise include energy efficiency, dehumidification, dedicated outdoor-air systems, air-to-air energy recovery, psychrometry, and ventilation.

John is the author of numerous Trane application manuals and *Engineers Newsletters*, and is a frequent presenter on Trane's Engineers Newsletter Live series. He also is a member of ASHRAE, has authored several articles for the ASHRAE Journal, and has been a member of ASHRAE's "Moisture Management in Buildings" and "Mechanical Dehumidifiers" technical committees. He was a contributing author of the *Advanced Energy Design Guide for K-12 Schools* and the *Advanced Energy Design Guide for Small Hospitals and Health Care Facilities*, a technical reviewer for the *ASHRAE Guide for Buildings in Hot and Humid Climates*, and a presenter on ASHRAE's "Dedicated Outdoor Air Systems" webcast.





Energy-Saving Strategies for Water-Source and Ground-Source Heat Pump Systems





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Heat Pumps Course ID: 0090007858

Approved for 1.5 GBCI hours for LEED professionals

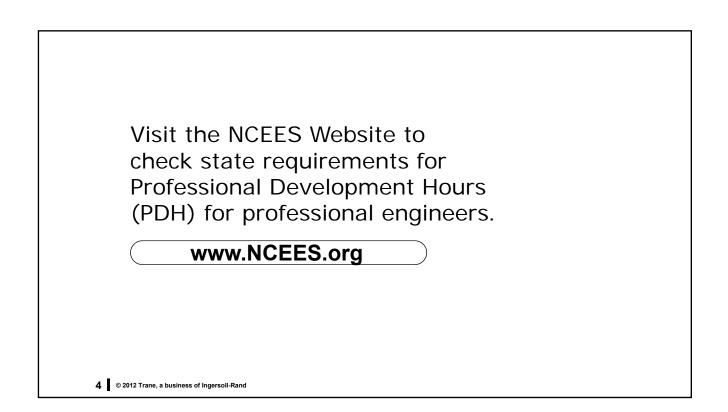
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learning objectives After today's program you will be able to:

- Identify differences between distributed and centralized heat pump systems
- Understand the latest technologies being used in heat pumps (compressors, fans)
- Learn about various design and control strategies that can save energy in WSHP/GSHP systems
- Understand how the requirements of ASHRAE Standard 90.1 apply to WSHP/GSHP systems

Agenda

- Value of heat pumps
- Distributed vs. centralized heat pump systems
- Energy-saving strategies for distributed water-source heat pump systems
 - · Latest technologies used in heat pumps
 - · Dedicated outdoor-air system for ventilation
 - · Water distribution loop design and control
 - Ground-source systems
- ASHRAE 90.1 requirements specific to WSHP/GSHP systems

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Today's Presenters



Mick Schwedler Manager, Applications Engineering



Paul Solberg Applications Engineer



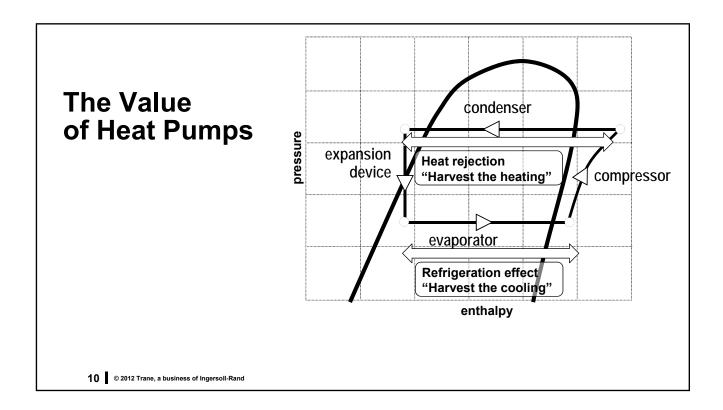
John Murphy Applications Engineer

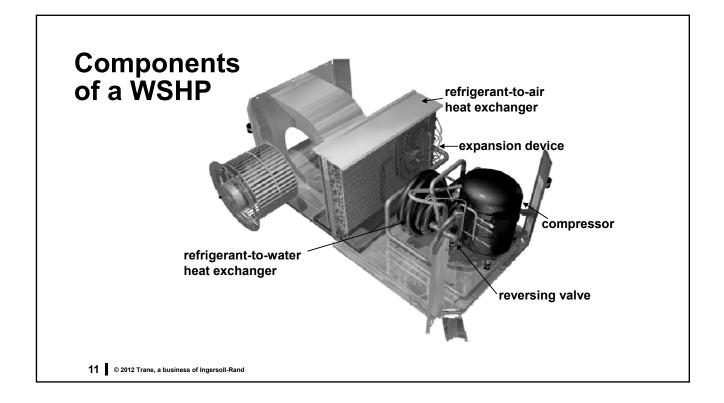
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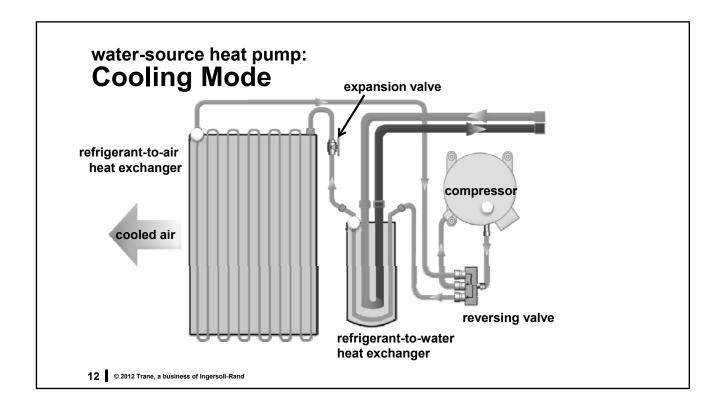


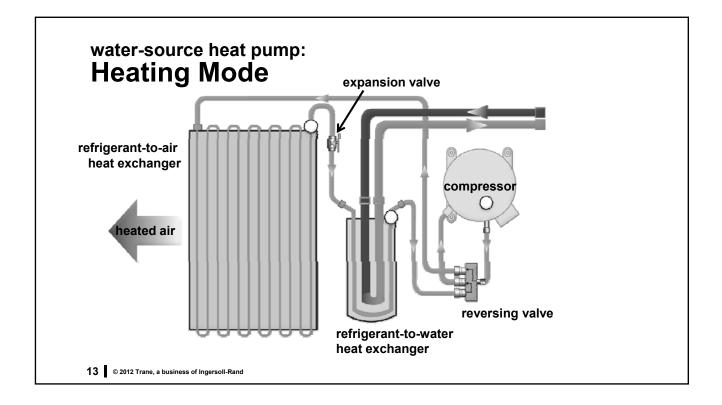
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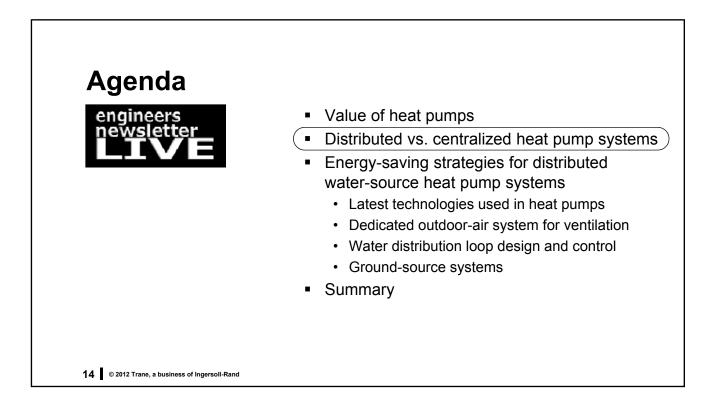
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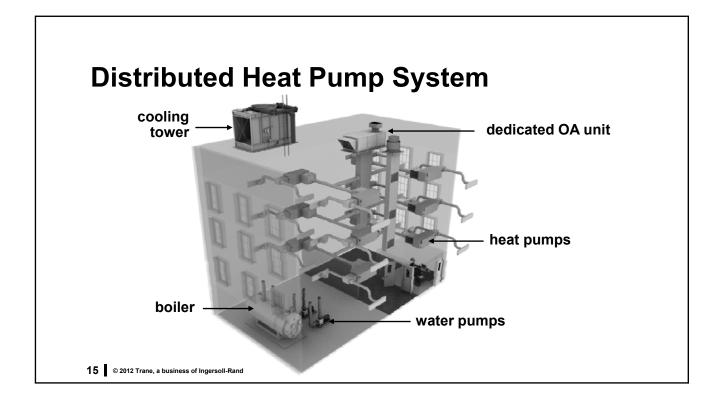


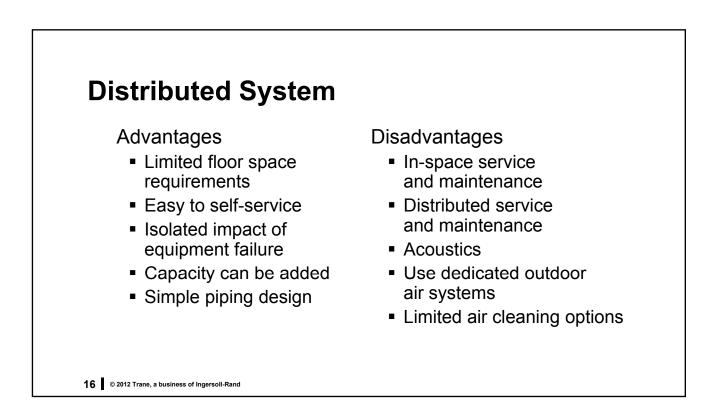


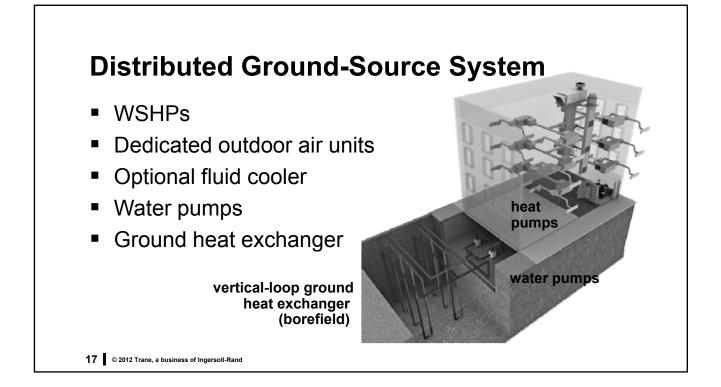








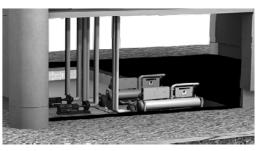






Central Ground-Source System

- Heat recovery chillers (chiller/heaters) provide heating and cooling
 - Hydronic four pipe
- System choice
 - Central air handlers
 - Radiant
 - Fan coils



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Central Ground-Source System

Advantages

- Service and maintenance occurs in an equipment room
- Service and maintenance is centralized
- Acoustics (equipment away from space)
- Air economizer integrates into air distribution system
- Efficient cascading of simultaneous energy streams
- Air cleaning flexibility

Disadvantages

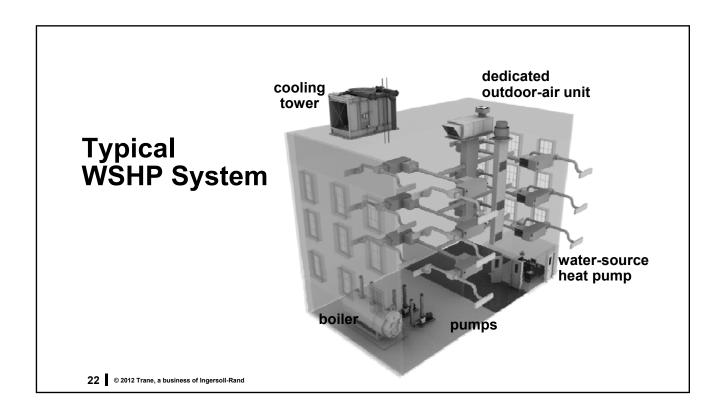
- Requires MER space
- Requires a chiller technician to service the central plant
- Redundancy must be designed
- Capacity addition

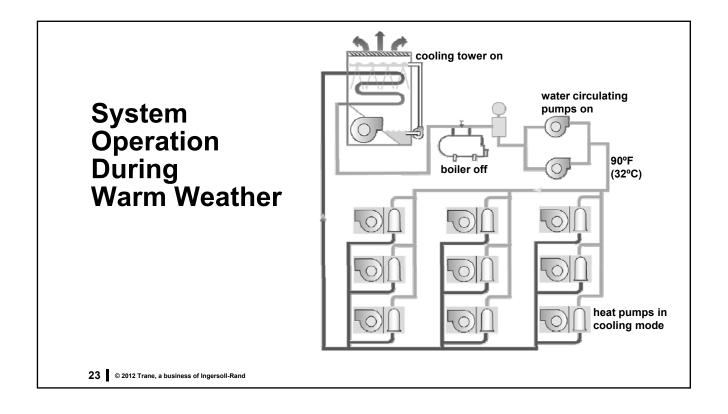
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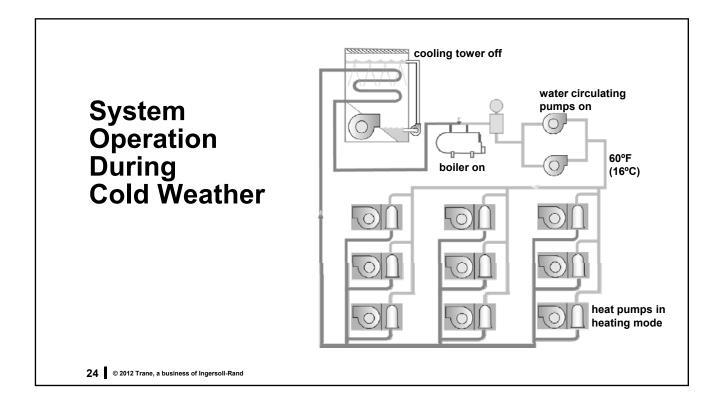


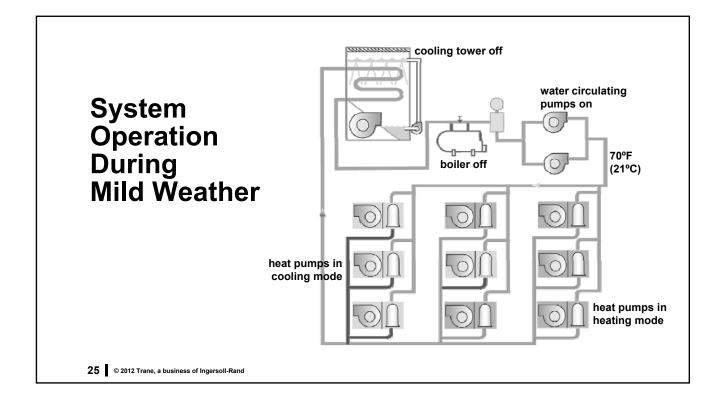
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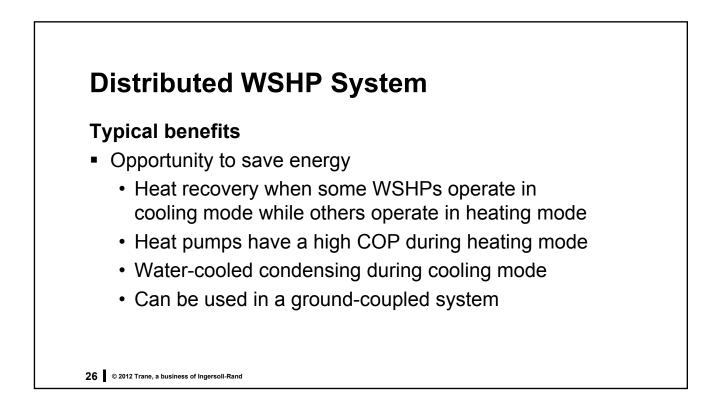
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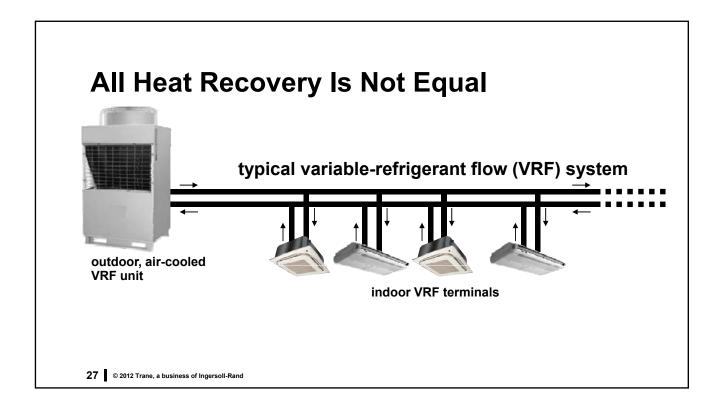


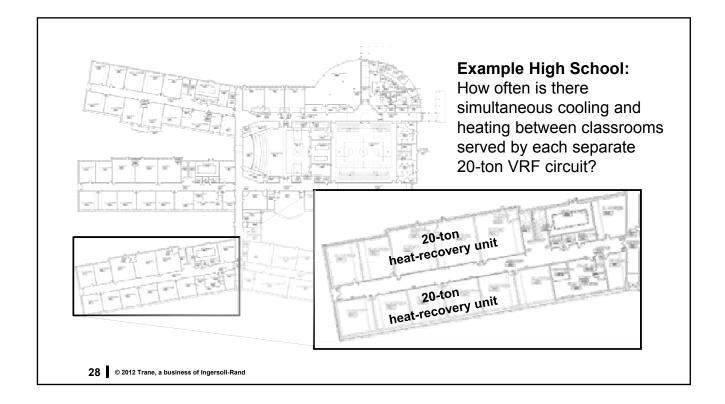


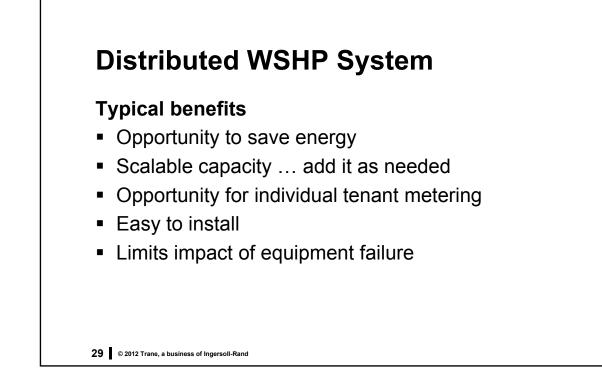


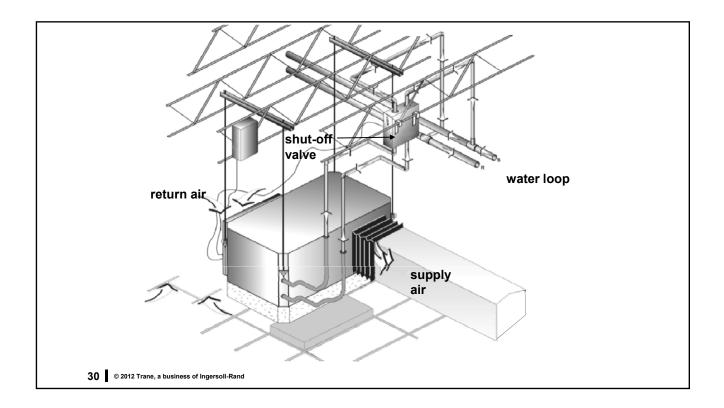


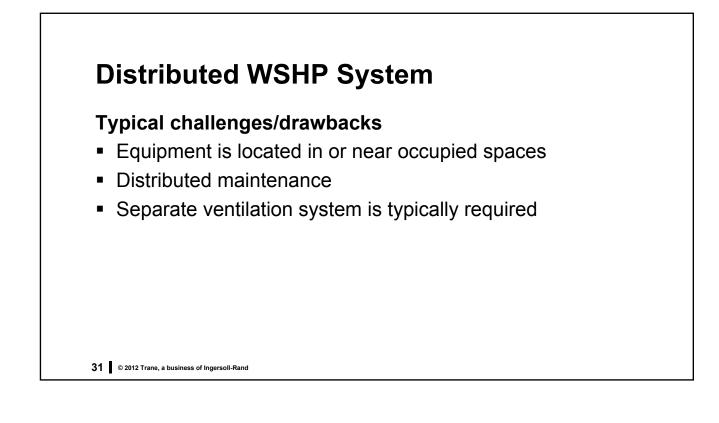


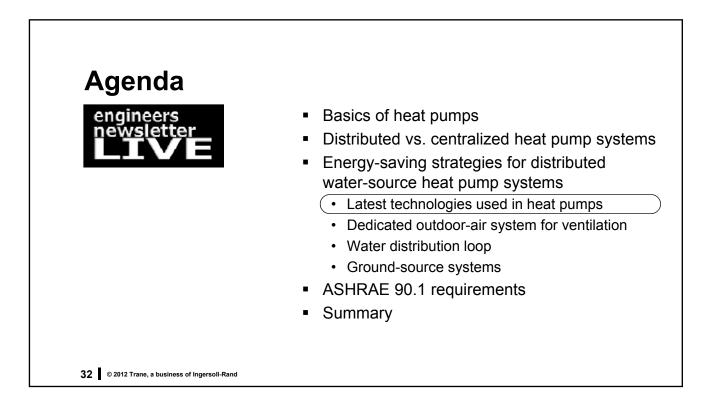


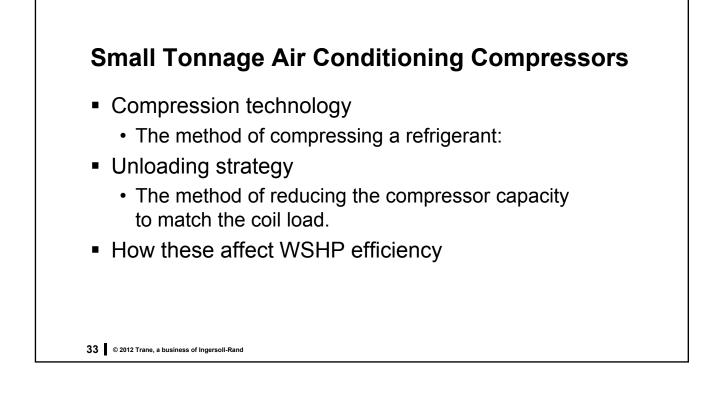


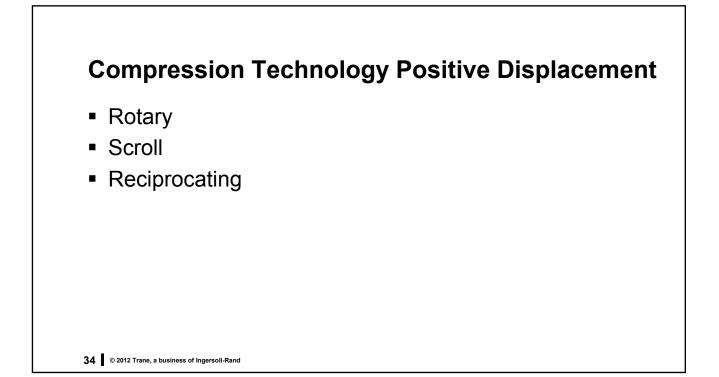


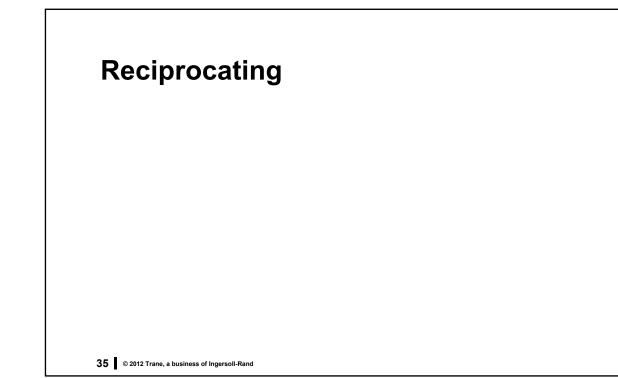


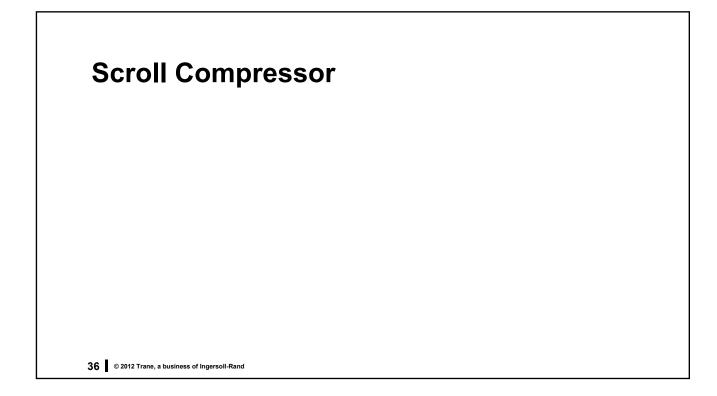


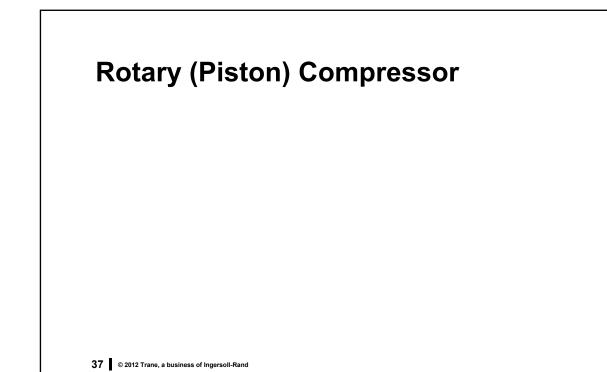










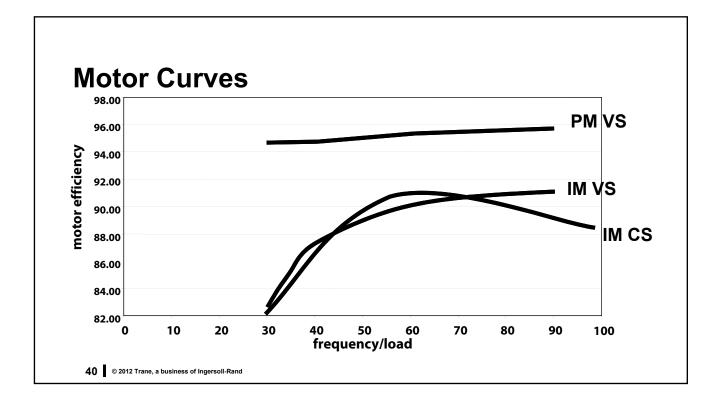


Choosing Compression Technology

- Cost
- Durability
- Efficiency
 - · Evaporator and condenser selection/utilization
 - Motor efficiency
 - Power factor
 - Compression efficiency (HGBP, digital release, etc.)
 - Frictional efficiency (aerodynamics, clean flow path, bearings, etc.)
 - Parasitic losses such as frequency drive efficiency

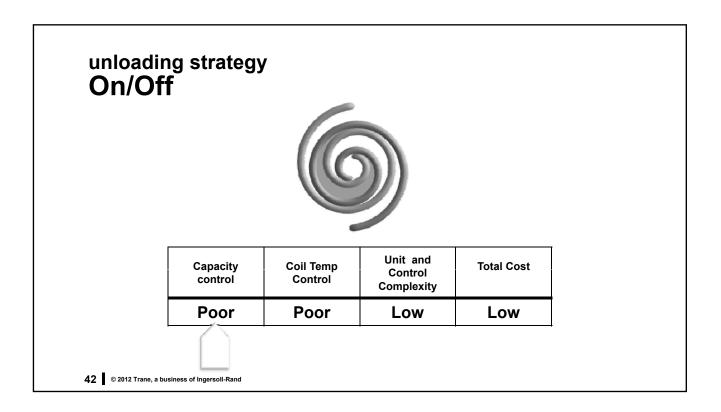


- On/off
- Hot Gas Bypass (HGBP)
- Digital
- Pocket unloading
- Multiple manifold
- Variable speed

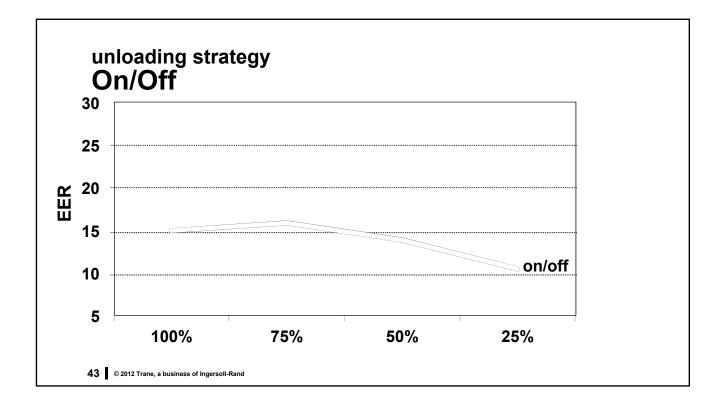


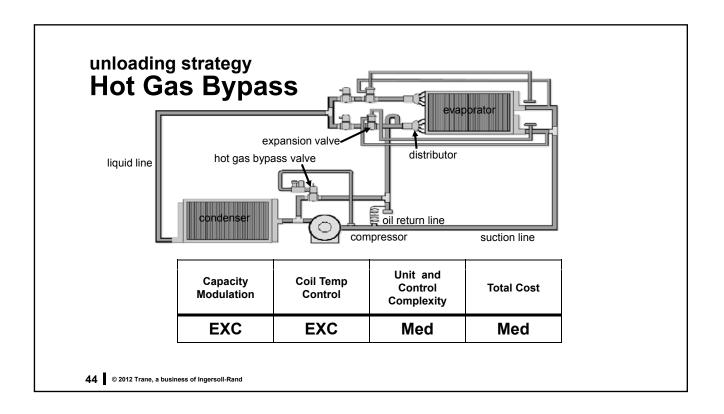
efficiency comparison Compressor Unloading Modeled in a WSHP

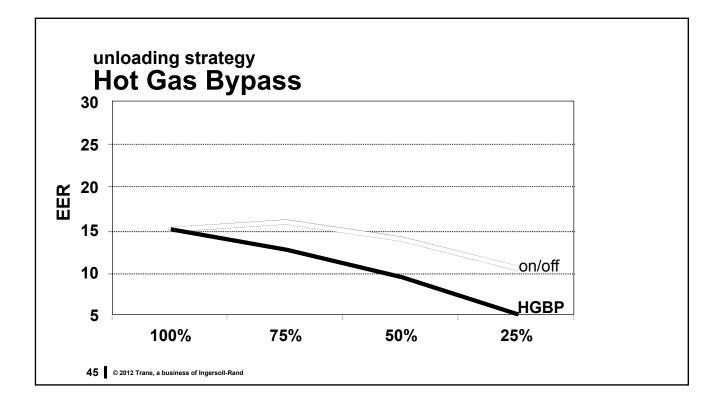
- Compressor manufacturer operating maps
- ISO 13256-1 and AHRI 320 for WSHP conditions
- Examined AHRI 210/240 for variable capacity
 - Condenser flow set to 85°F/95°F at full load, fixed
 - Evaporator air at 80°F/67°F, fixed
 - 100% load: 85°F EWT, fan flow 1600 cfm
 - 75% load: 75°F EWT, fan flow 960/cfm
 - 50% load: 75°F EWT, fan flow 800 cfm
 - 25% load: 75°F EWT, fan flow 560 cfm

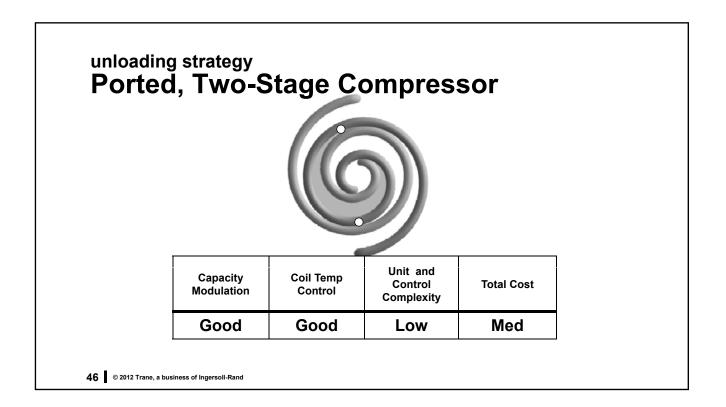


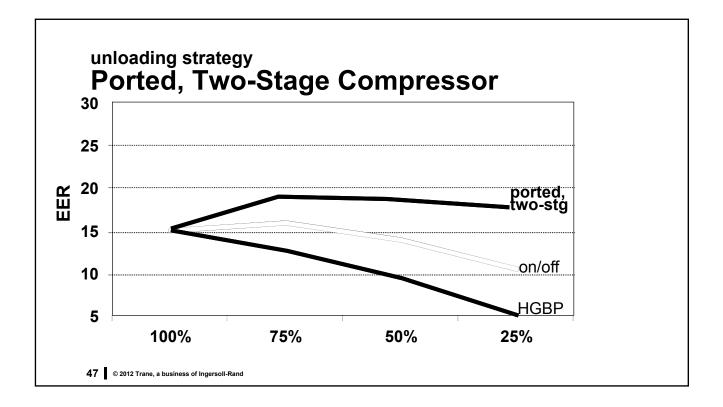
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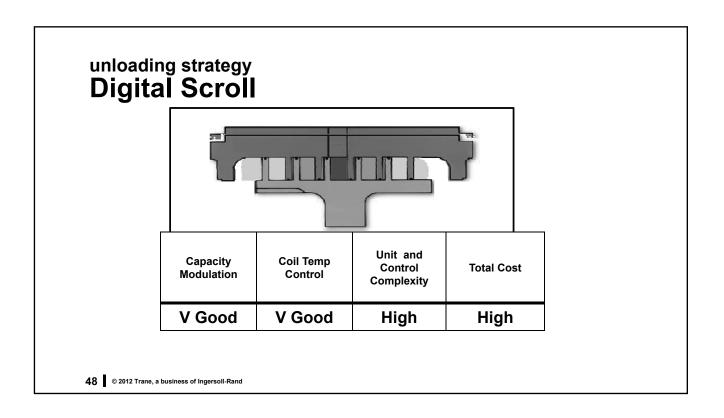


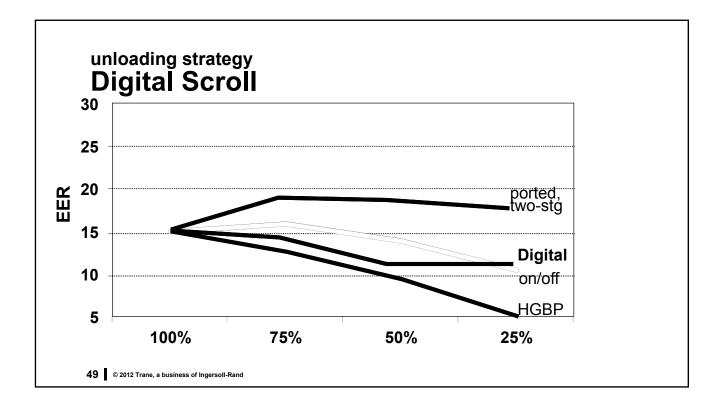


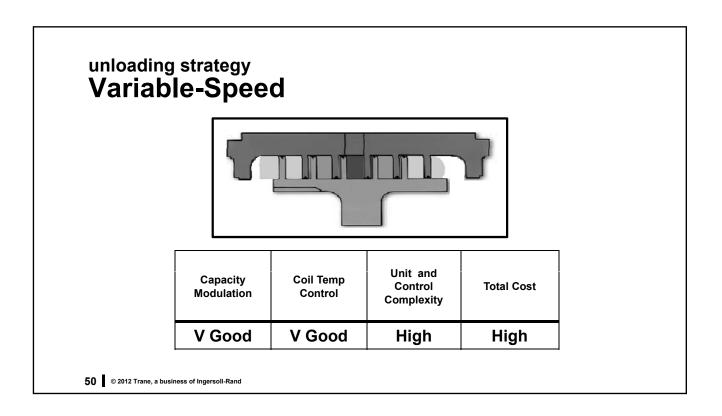


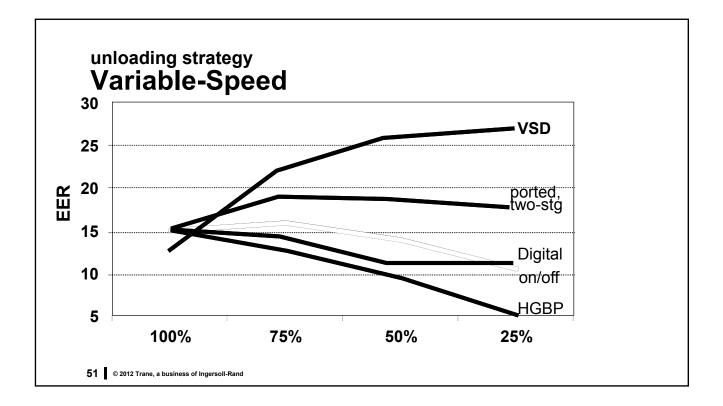


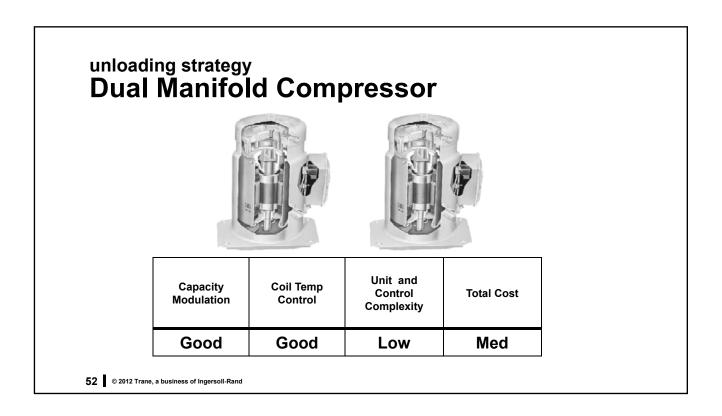


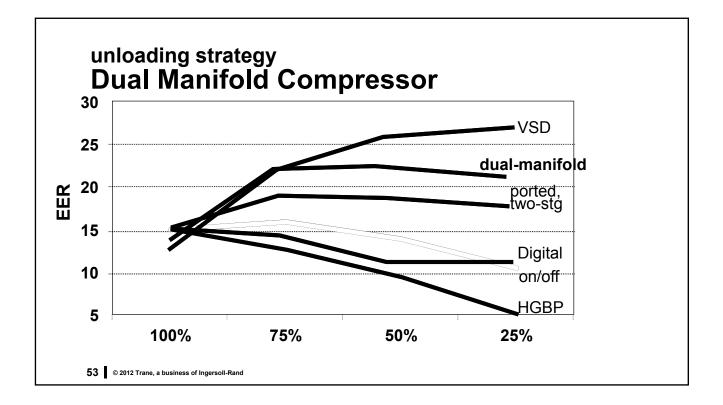


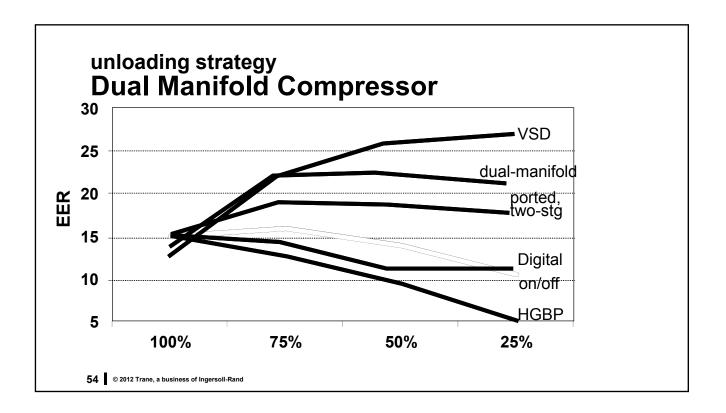




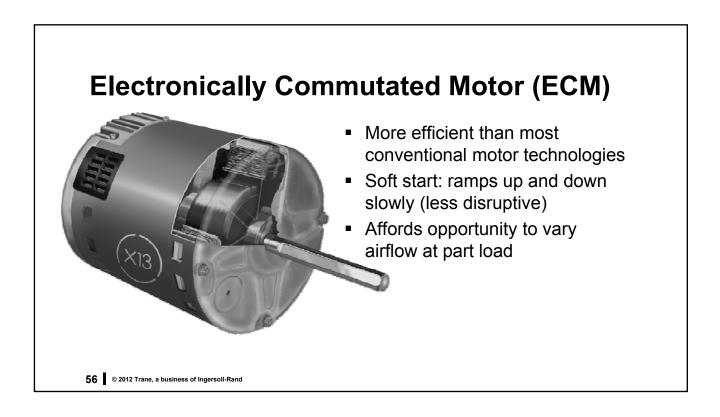


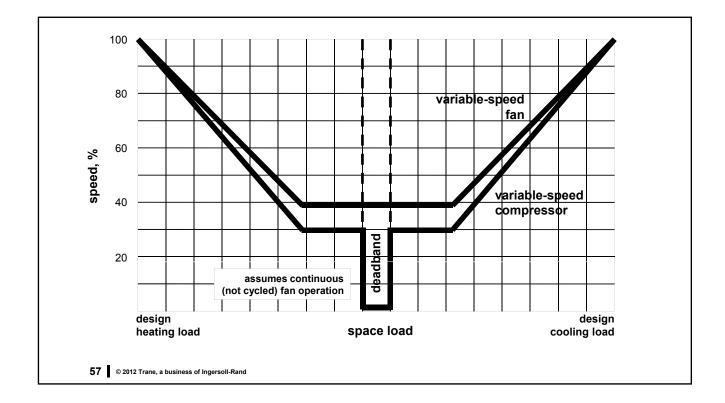


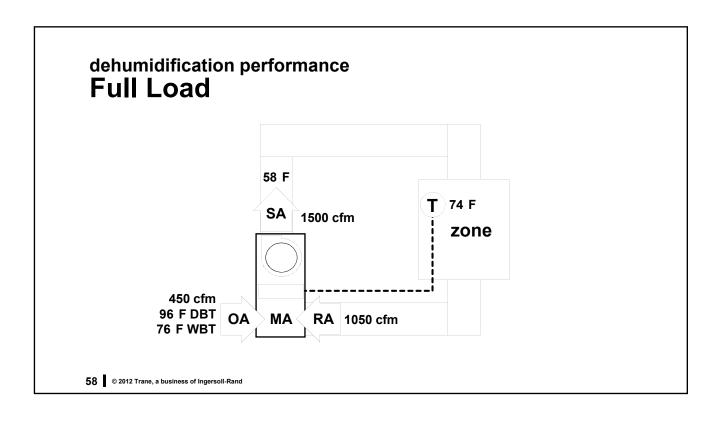


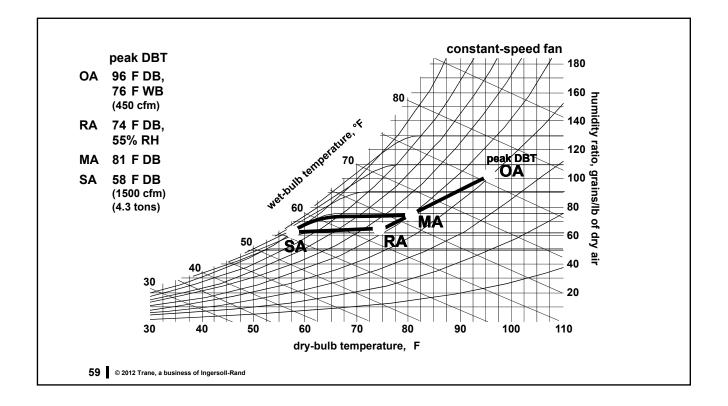


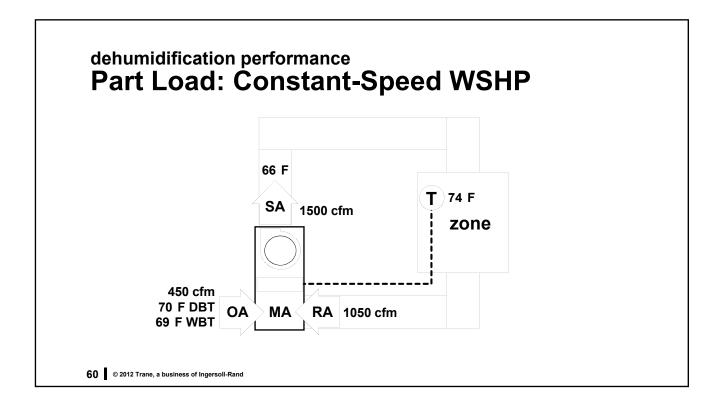
Unloading Strategy	Capacity Modulation	Coil Temp Control	Unit /Control Complexity	Total Cost	Efficiency
On/Off Comp	Poor	Poor	Low	Low	Fair
Hot Gas ByPass	Exc	Exc	Med	Med	V Poor
Ported	Good	Good	Low	Med	Good
Digital	V Good	V Good	High	High	Poor
Variable Speed	V Good	V Good	High	High	Exc
Manifold Compressors	Good	Good	Low	Med	V Good

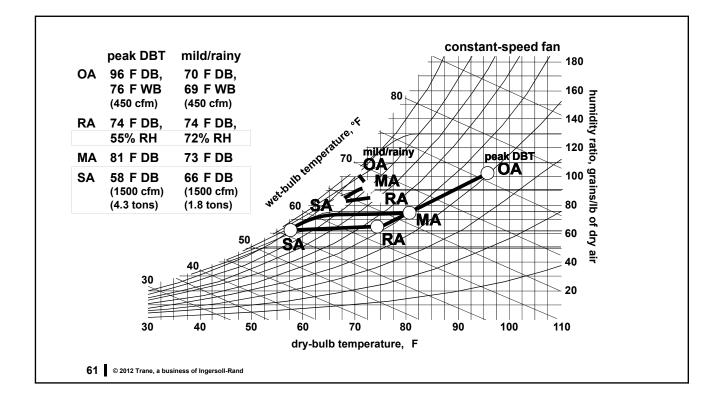


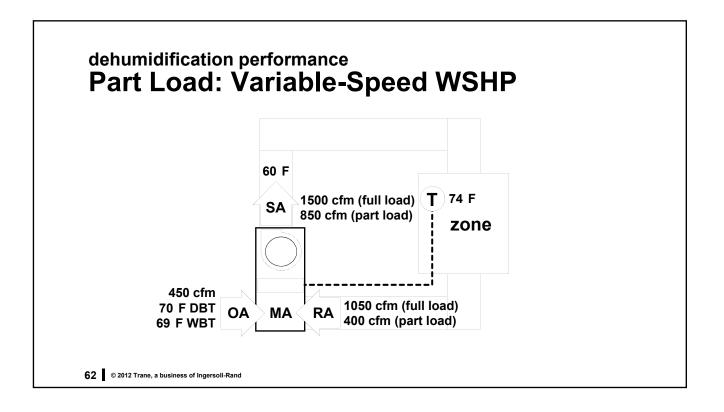


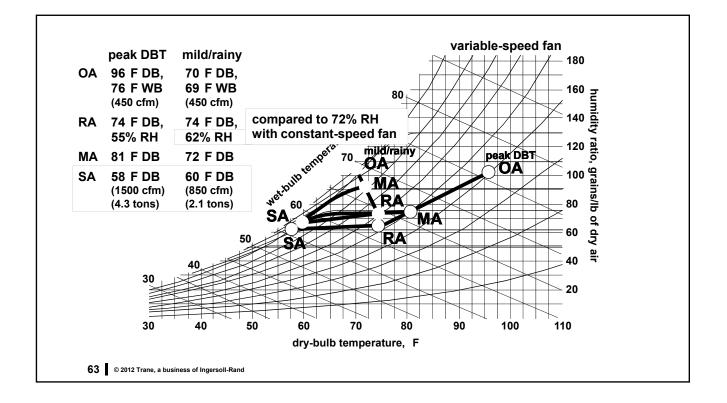


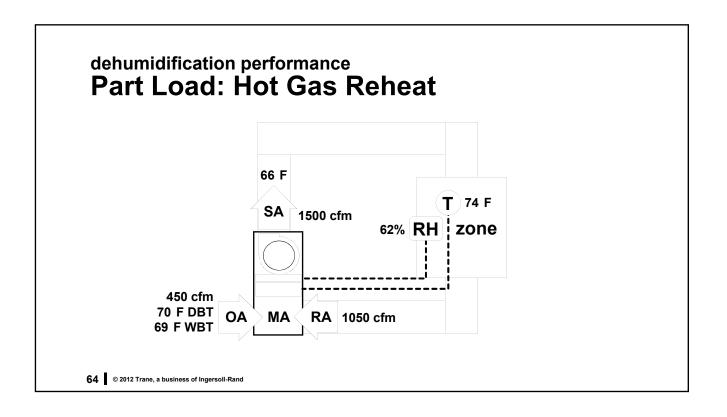


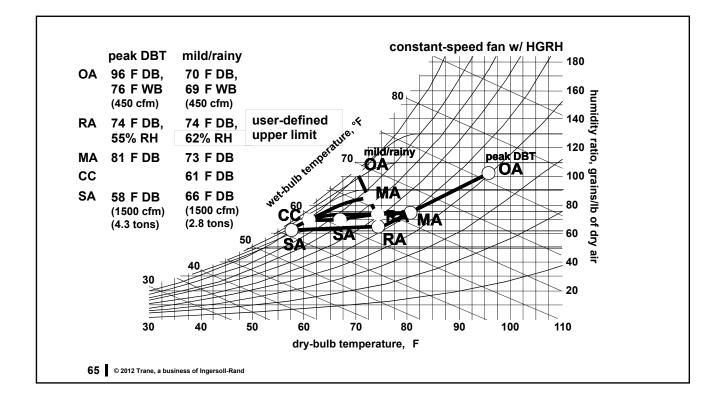






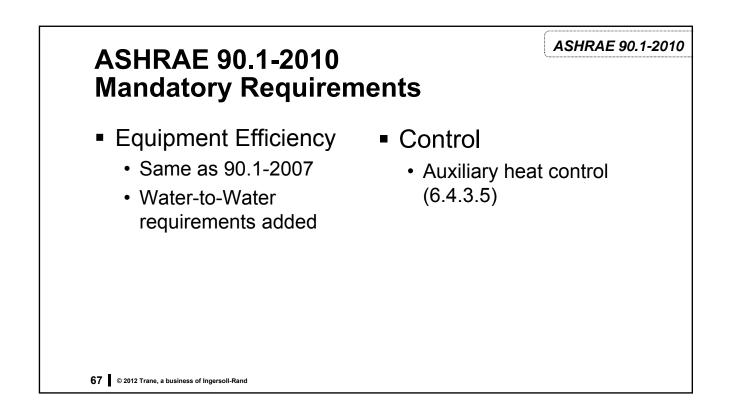






mild, rainy day Part-Load Example

	constant-speed WSHP	variable-speed WSHP	constant-speed WSHP with HGRH
zone humidity, %RH	72%	62%	62%
cooling load, tons	1.8	2.1	2.8
fan airflow, cfm	1500	850	1500



Equipment Efficiency Table 6.8.1B

- Heat pump types
 - Water source
 - Ground water source
 - Ground Source
- Required efficiencies must meet both
 - Cooling EER at specified conditions
 - Heating COP at specified conditions

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ASHRAE 90.1-2010

Туре	Cooling Capacity (Btuh)	Clg EWT (°F)	Clg EER	Htg (°F)	Htg COP
Water source	<17,000	86	11.2 / 12.2	68	4.2 / 4.3
Water source	≥17,000 and <65,000	86	12.0 / 13.0	68	4.2 / 4.3
Water source	≥65,000 and <135,000	86	12.0 / 13.0	68	4.2 / 4.3
Ground water	<135,000	59	16.2 / 18.0	50	3.6 / 3.7
Ground loop (brine to air)	<135,000	77	13.4 / 14.1	32	3.1 / 3.2

water-to-water Heat Pump Efficiencies						
Туре	- Cooling Capacity (Btuh)	Clg EWT (°F)	Clg EER	Htg (°F)	Htg COP	
Water loop	<135,000	86	10.6	68	3.7	
Ground water	<135,000	59	16.3	50	3.1	

77

12.1

32

<135,000

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Ground loop

(brine to water)

2.5

Heat Pump Auxiliary Heat Control Section 6.4.3.5

- When electric resistance heat is integral to the heat pump, it must be locked out when the heat pump can satisfy load
 - User's Manual provides information on acceptable control methods
 - Example 6-X
 - Example 6-Y

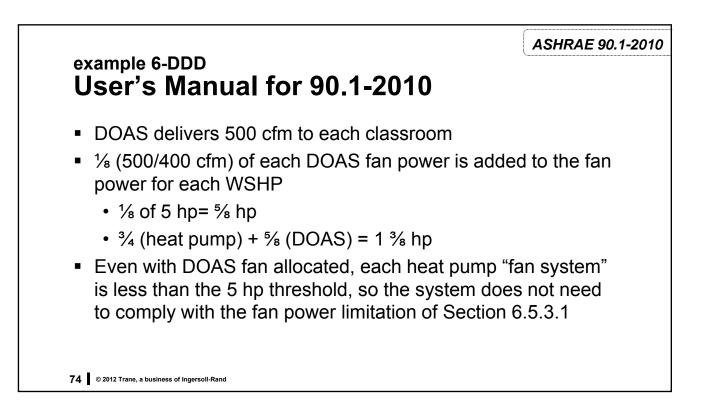
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Fan system pow	er limitation:	
 Applies to sy 	stems > 5 hp	
Option	Constant volume	Variable volume
1) Nameplate hp	hp ≤ CFMs x 0.0011	hp ≤ CFMs x 0.0015
2) System bhp	bhp ≤CFMs x 0.00094 + A	bhp ≤CFMs x 0.0013 + A

example 6-DDD User's Manual for 90.1-2010

QUESTION: A wing of an elementary school building is served by eight WSHPs, each equipped with a ³/₄-hp fan motor and serving a single classroom. Ventilation air is supplied directly to each classroom by a dedicated outdoor-air system. Each classroom requires 500 cfm of outdoor air, so the DOAS delivers the total of 4000 cfm of conditioned outdoor air using a 5-hp fan. Does this system need to comply with section 6.5.3.1?

ANSWER: Each WSHP is a separate fan system because each has a separate cooling and heating source. The **power of the DOAS fan must be allocated to each heat pump** on a cfm-weighted basis.

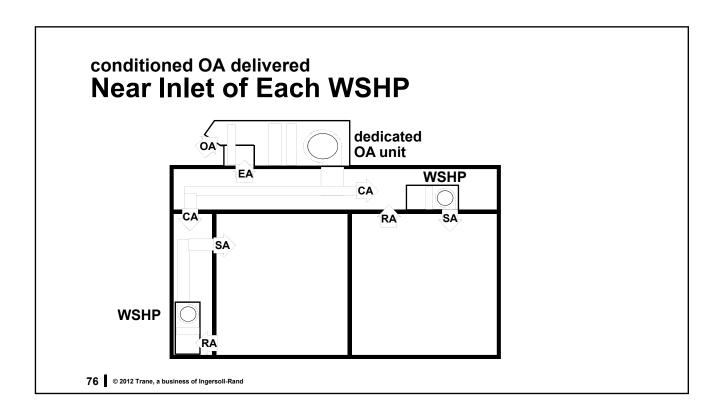


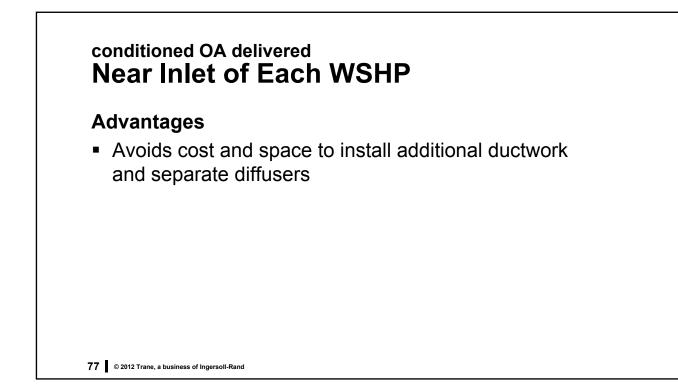
Agenda



- Value of heat pumps
- Distributed vs. centralized heat pump systems
- Energy-saving strategies for distributed water-source heat pump systems
 - Latest technologies being used in heat pumps
 - Dedicated outdoor-air system for ventilation
 - Water distribution loop design and control
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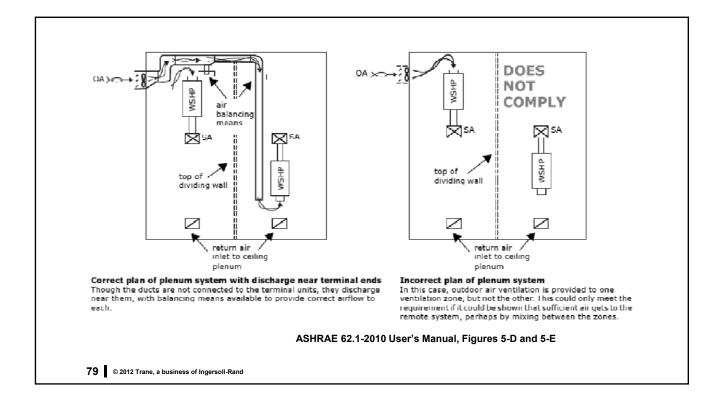


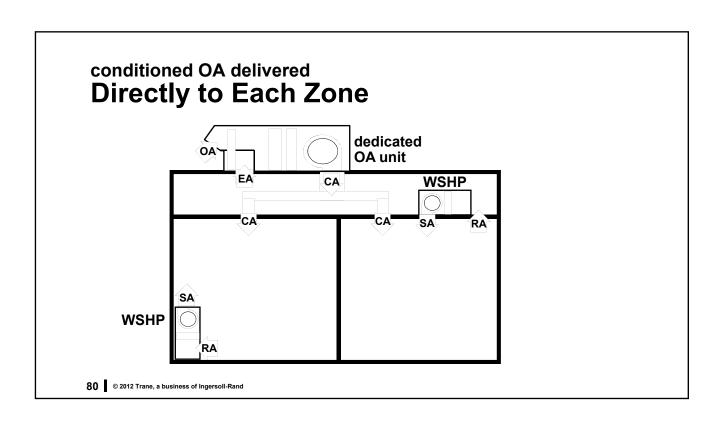


conditioned OA delivered Near Inlet of Each WSHP

Drawbacks

- More difficult to ensure required OA reaches each zone (not ducted directly)
- Account for zone air distribution effectiveness (Ez) during heating season
- Local fan must operate continuously to provide OA during scheduled occupancy
 - or a VAV terminal should be used to ensure proper OA is delivered as WSHP fan speed changes
- Conditioned OA may not be able to be delivered at a cold temperature due to concerns over condensation





conditioned OA delivered Directly to Each Zone

Advantages

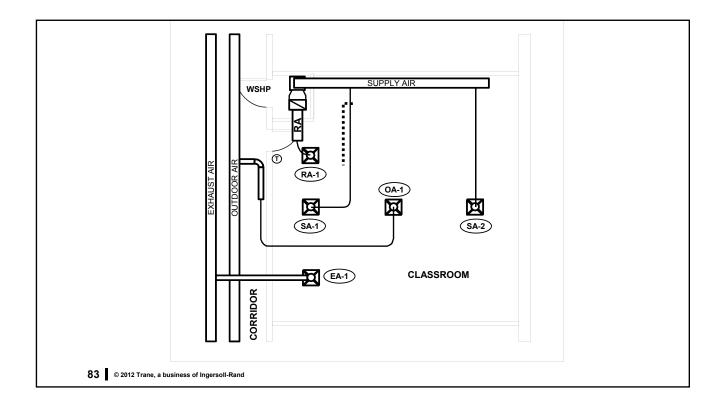
- Easier to ensure required outdoor airflow reaches each zone (separate diffusers)
- Opportunity to cycle off (or vary speed of) the local fan because OA is not distributed through it
- Opportunity to downsize local WSHPs (if OA delivered cold)
- Allows dedicated OA system to operate during unoccupied periods without needing to operate local fans

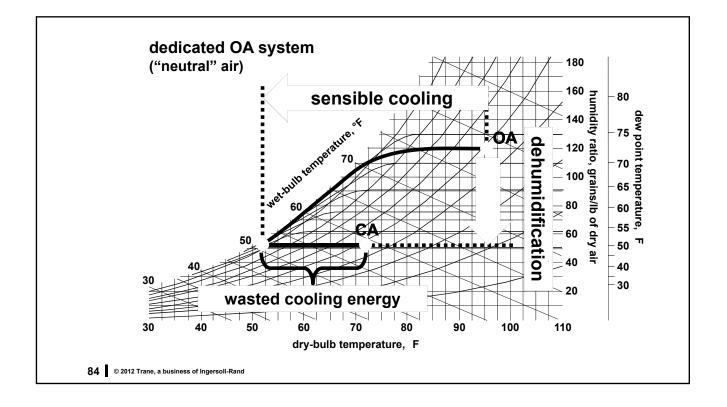
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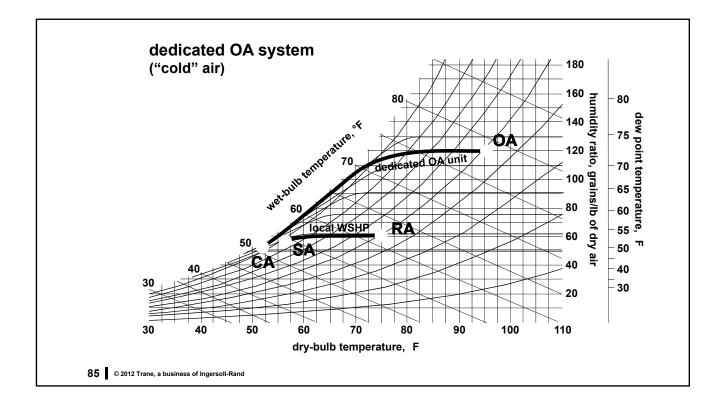
conditioned OA delivered Directly to Each Zone

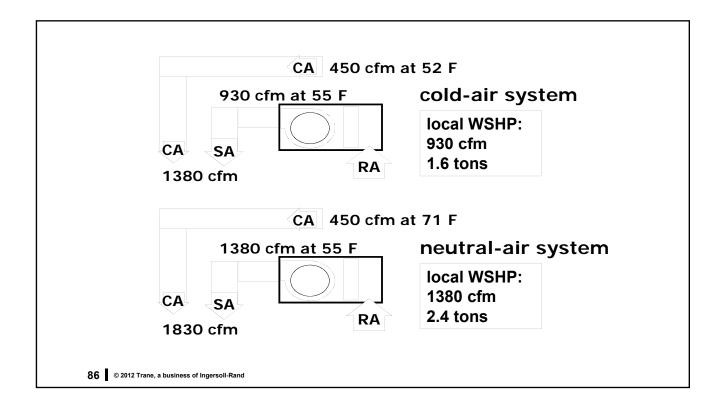
Drawbacks

- Requires installation of additional ductwork and separate diffusers
- May require multiple diffusers to ensure outdoor air is adequately dispersed throughout the zone









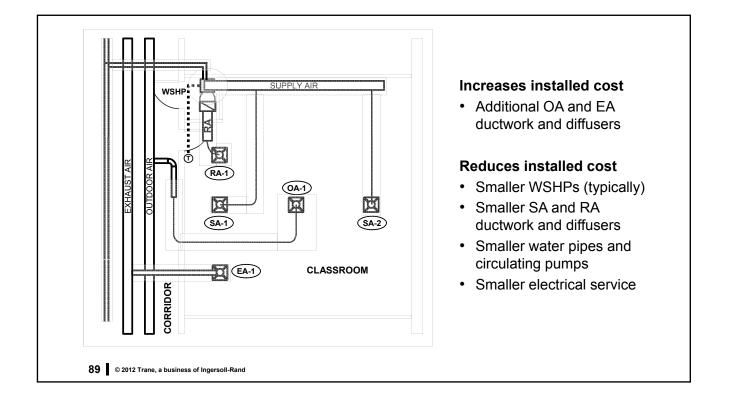


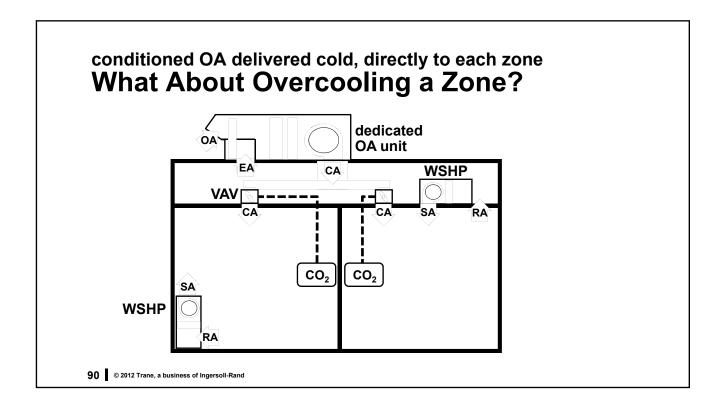
- Less overall cooling capacity
 - Sensible cooling provided by cold conditioned OA reduces required cooling capacity of local WSHPs
 - Cooling (dehumidification) capacity of the dedicated OA unit is the same in either case
- Less overall cooling energy
 - Sensible cooling provided by cold conditioned OA reduces cooling required from local WSHPs

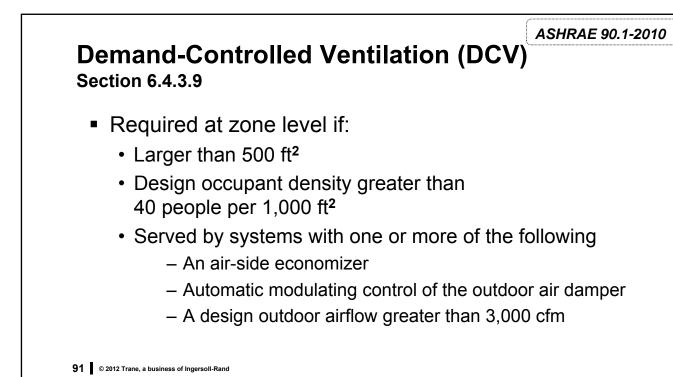
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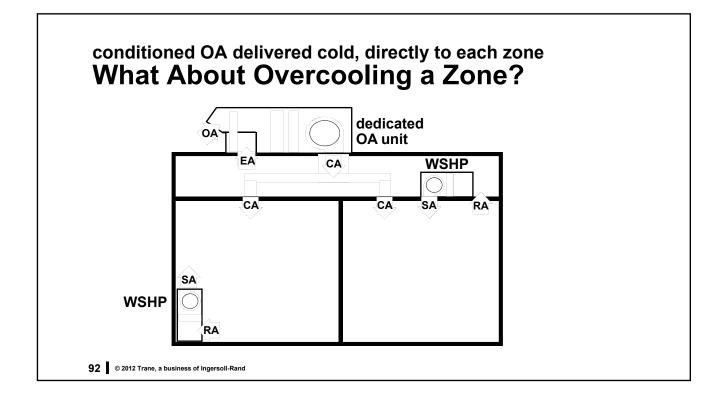
Cold versus Neutral

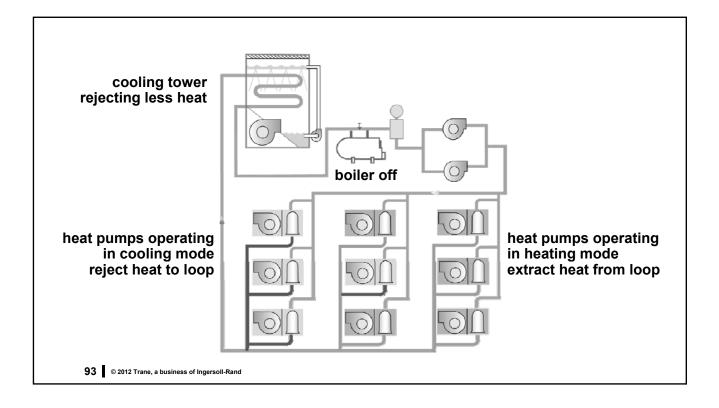
- Less overall fan energy, if OA is delivered cold directly to spaces
 - Cold conditioned OA removes some of the space sensible cooling load, which reduces the airflow needed from local WSHPs
 - Airflow delivered by the dedicated OA unit is the same in either case
 - Opportunity to cycle off (or vary speed of) local fan

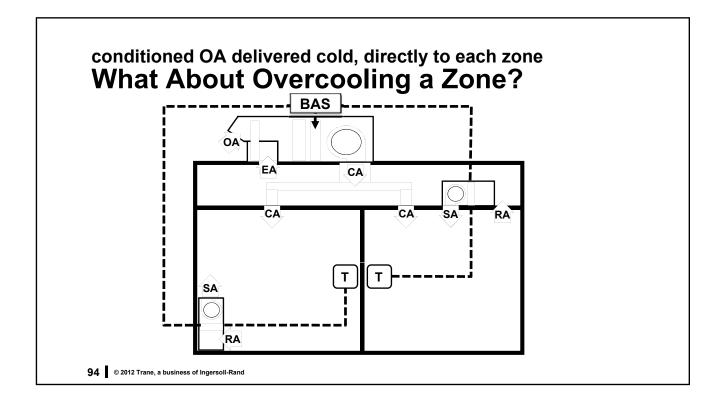


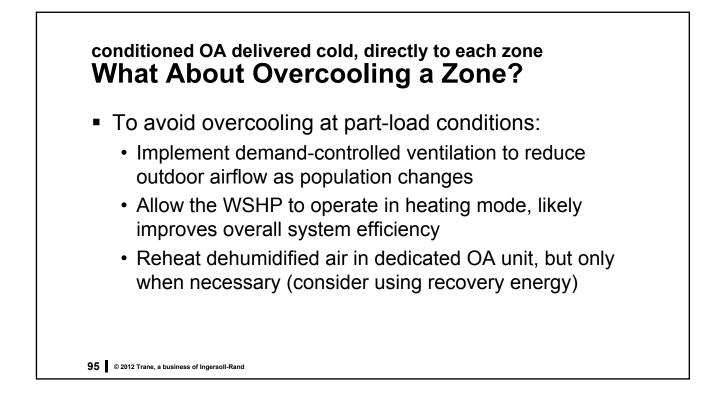


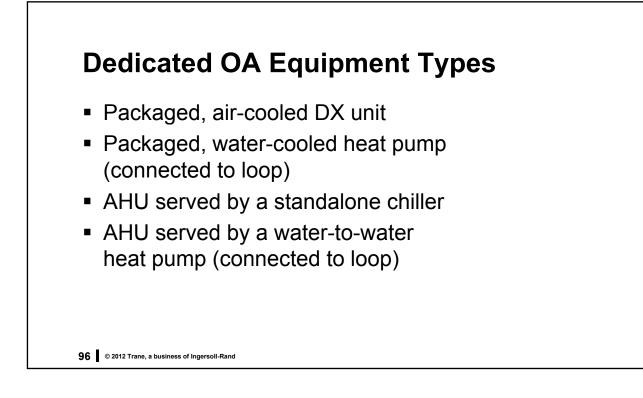


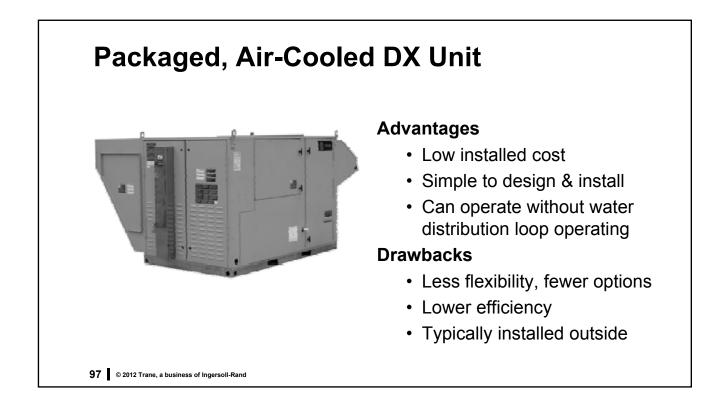


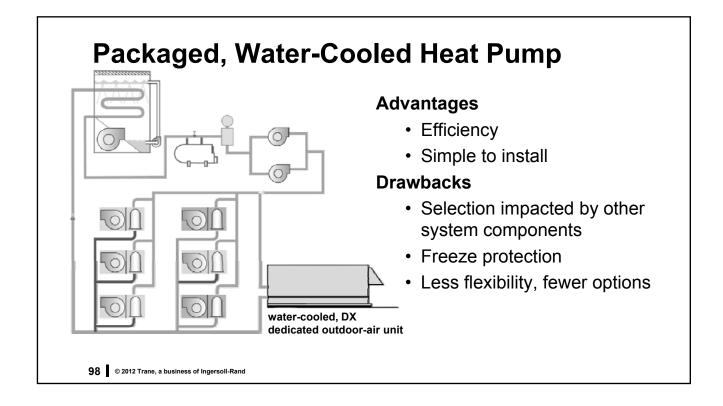


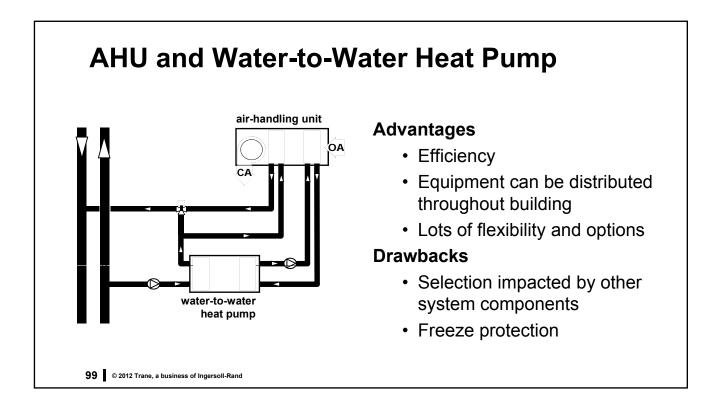












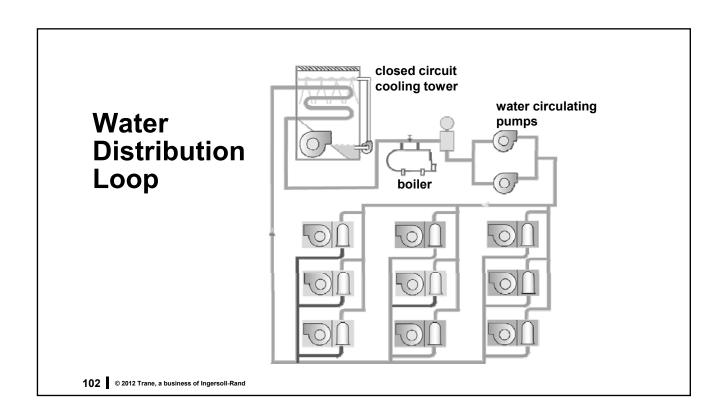
Energy Recoversion 6.5.6.1 CZ &	% OA de	•	A= nt B=	Marine			
Climate Zone (CZ)	≥ 30% and < 40%	≥ 40% and < 50%	≥ 50% and < 60%	≥ 60% and < 70%	≥ 70% and < 80%	≥ 80%	
	Design Supply Fan airflow rate (cfm)						
3B, 3C, 4B, 4C, 5B	NR	NR	NR	NR	≥5000	≥500	
1B, 2B, 5C	NR	NR	≥26000	≥12000	≥5000	≥400	
6B	≥11000	≥5500	≥4500	≥3500	≥2500	≥1500	
1A, 2A, 3A, 4A, 5A, 6A	≥5500	≥4500	≥3500	≥2000	≥1000	>0	
7, 8	≥2500	≥1000	>0	>0	>0	>0	

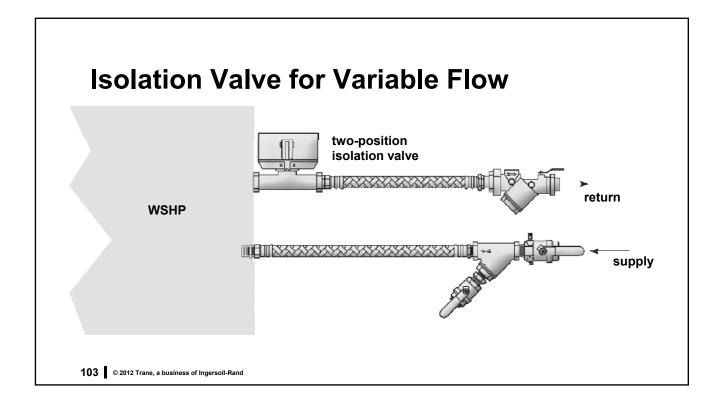
Agenda

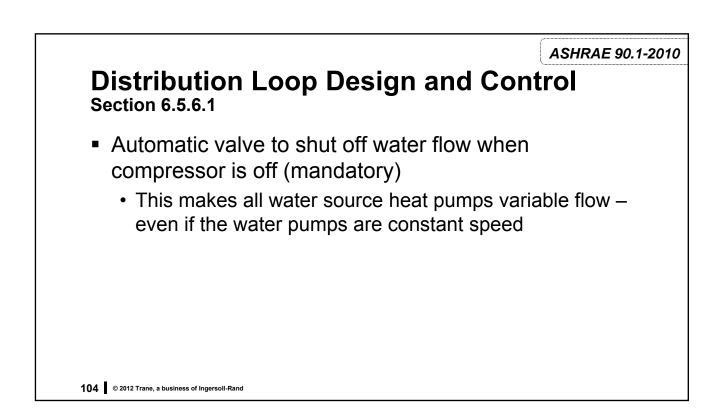


- Value of heat pumps
- Distributed vs. centralized heat pump systems
- Energy-saving strategies for distributed water-source heat pump systems
 - · Latest technologies being used in heat pumps
 - · Dedicated outdoor-air system for ventilation
 - Water distribution loop design and control
 - Ground-source systems
- Summary

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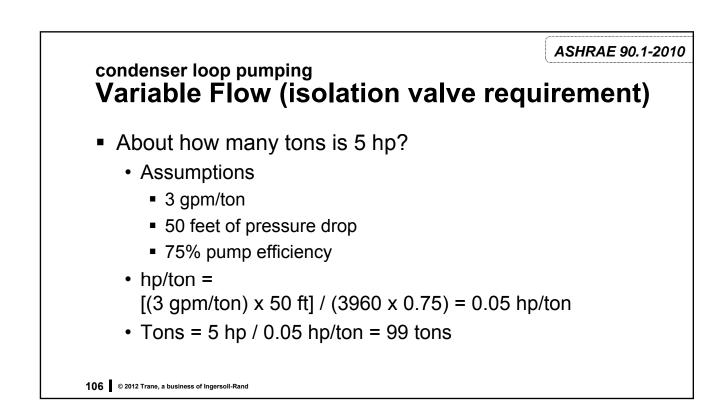






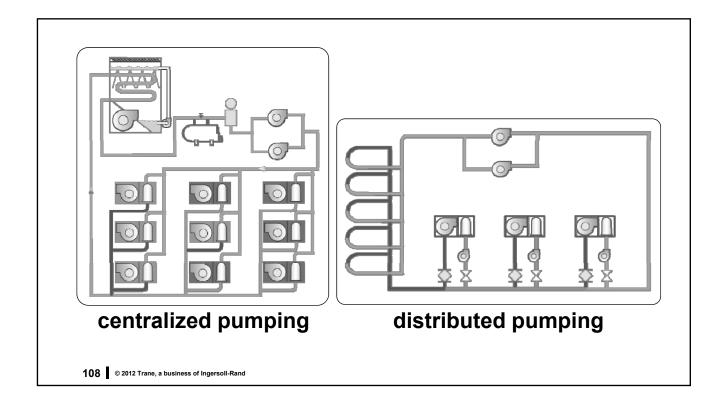
ASHRAE 90.1-2010
Distribution Loop Design and Control Section 6.5.4.1
Pumps > 5 hp must have

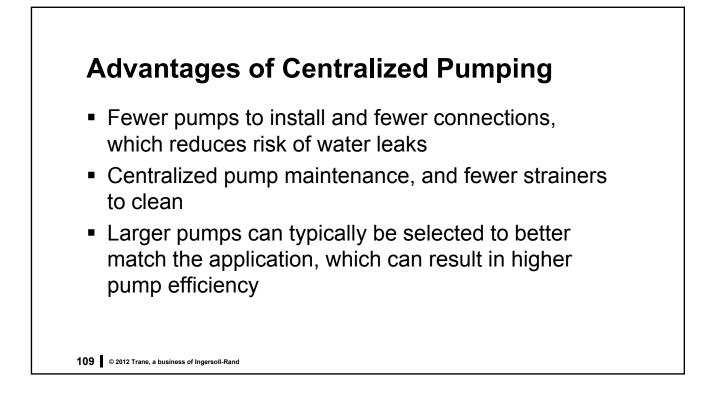
Pump motor demand of no more than 30% at 50% of design water flow
Often met using variable speed drives

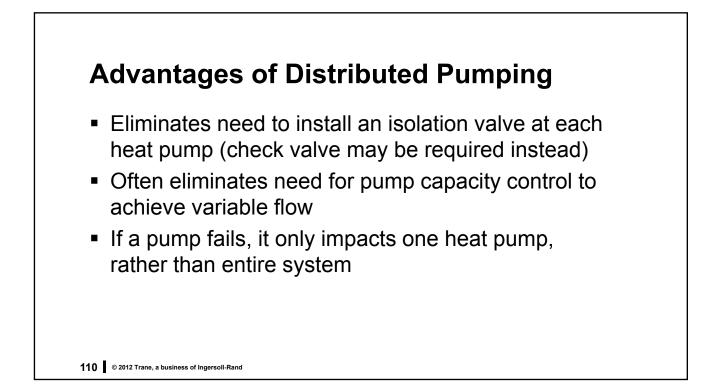


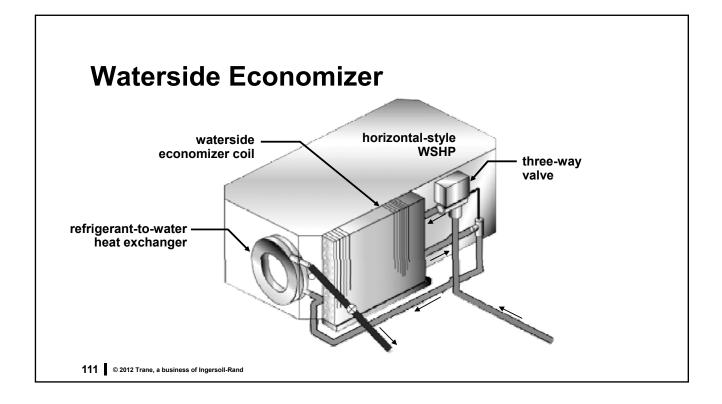
Distribution Loop Control Sections 6.4.3.1.2 and 6.5.2.2.3

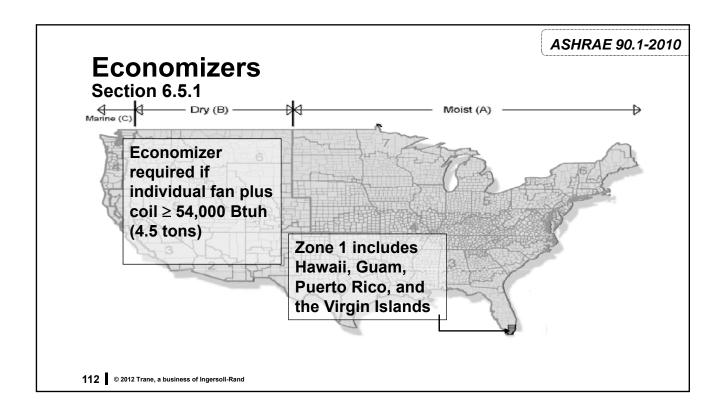
- 20°F deadband between heat rejection and addition
 - Exception: Optimal loop temperature control
- Climate Zones 3-8, Bypass:
 - "All but minimal flow" around closed-circuit tower, or
 - All water around open-circuit tower (or heat exchanger)





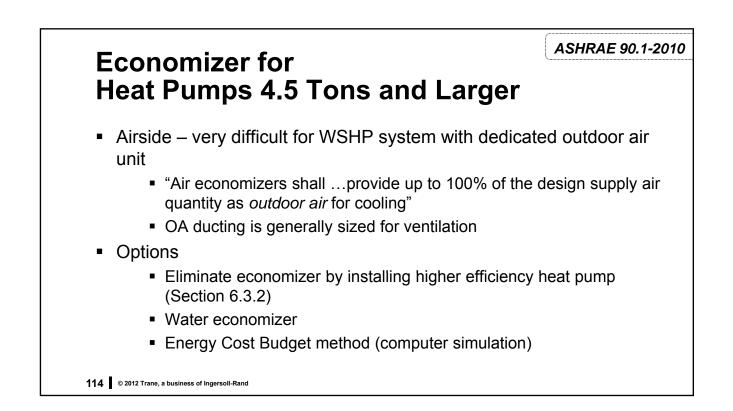




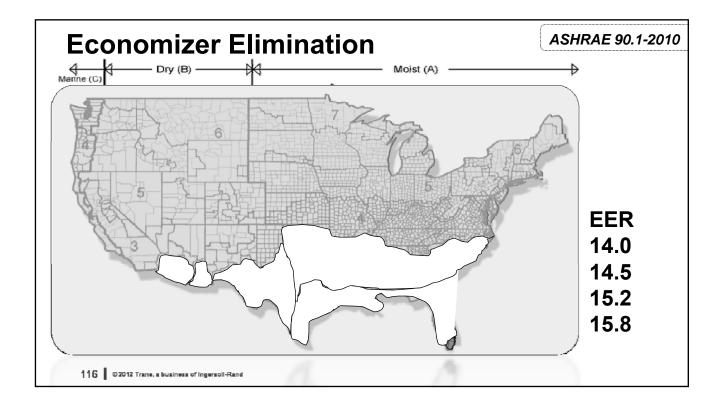


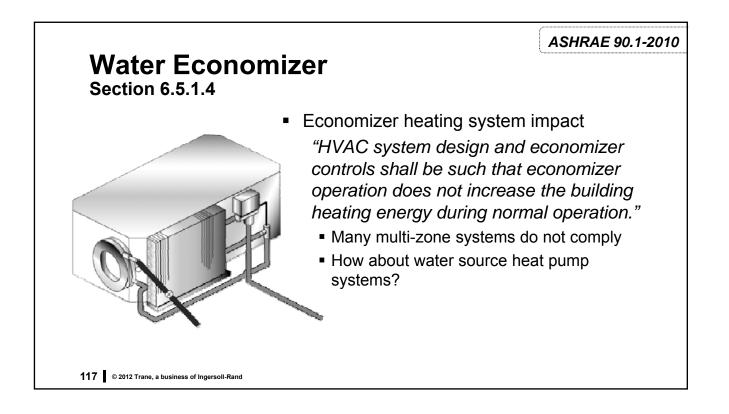
90.1-2010 User's Manual Example 6-II

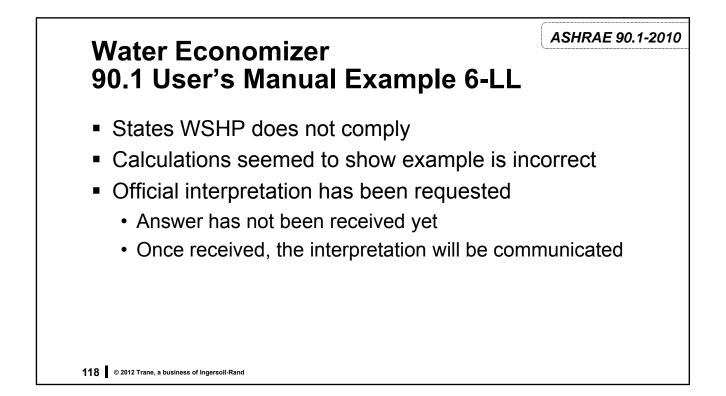
 "...all but large (heat pumps) are exempted by Exception a and Table 6.5.1A. For this example...heat pumps below 4 ½ tons (54,000 Btu/h or 16 kW) would not have to have economizers"



	Climate Zone	Efficiency Improvement	5 ton WSHP EER Required to eliminate the economizer (Base is 12.0)	ASHRAE 90.1-2010
Efficiency Improvement Required to Eliminate an Economizer – Table 6.3.2	2A	17%	14.0	
	2B	21%	14.5	
	3A	27%	15.2	
	3B	32%	15.8	
	3C	65%	19.8	
	4A	42%	17.0	
	4B	49%	17.9	
	4C	64%	19.7	
	5A	49%	17.9	
	5B	59%	19.1	
	5C	74%	20.9	
	6A	56%	18.7	
	6B	65%	19.8	
	7	72%	20.6	
	8	77%	21.2	

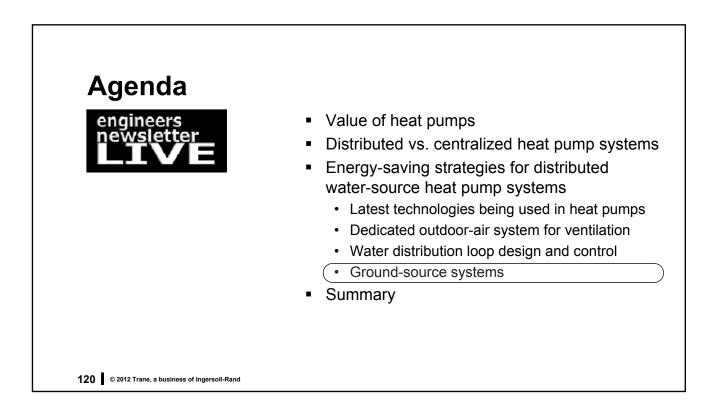


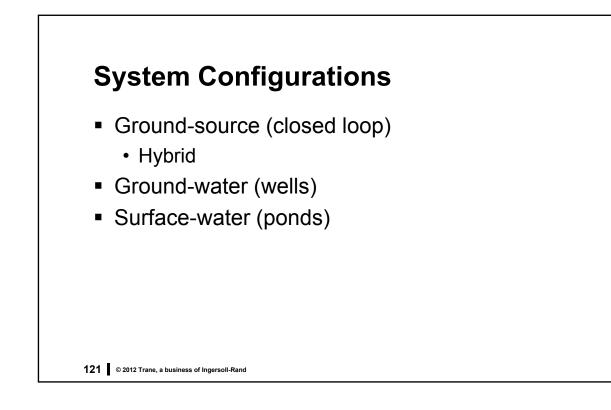


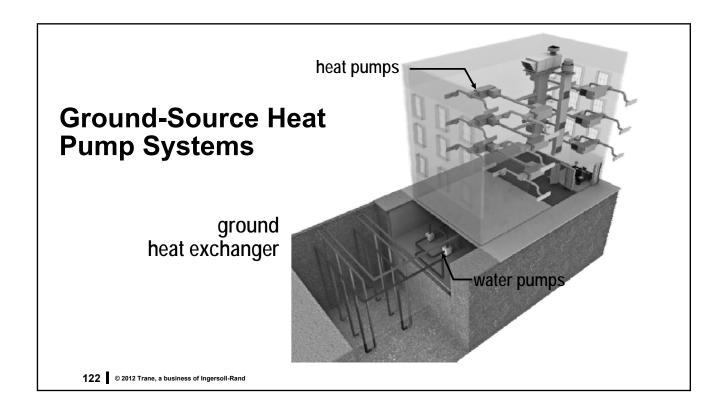


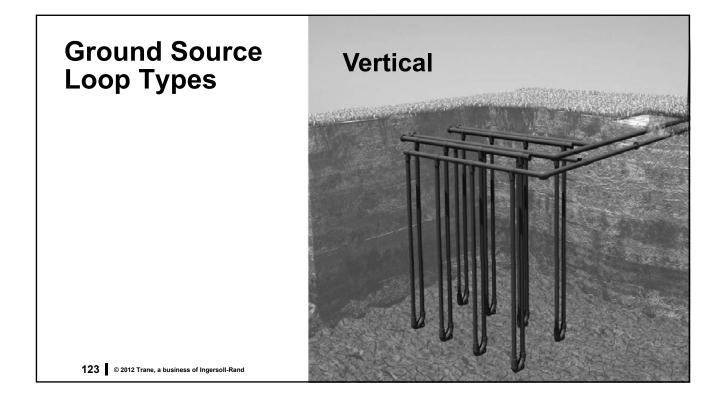
Energy Cost Budget (ECB) Method

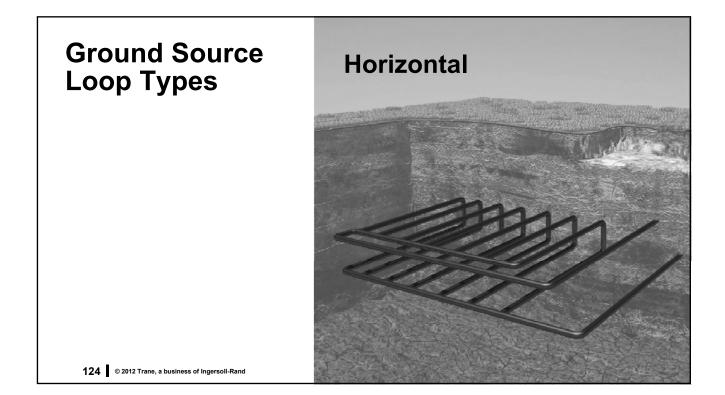
- All mandatory requirements (e.g. equipment efficiency) must still be met
- Economizer requirement is prescriptive (not mandatory)
- It may be traded off using Section 11 computer simulation

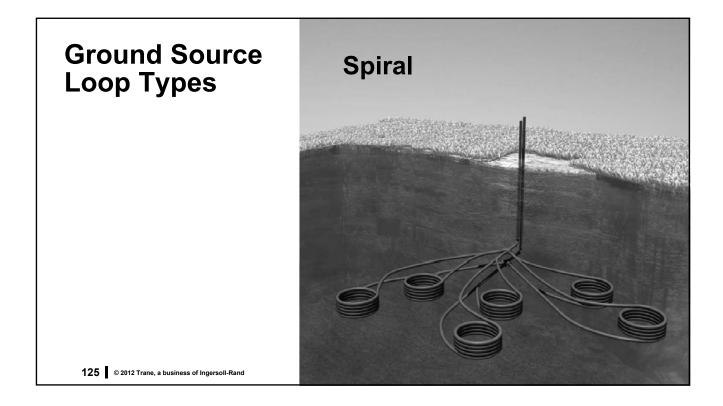


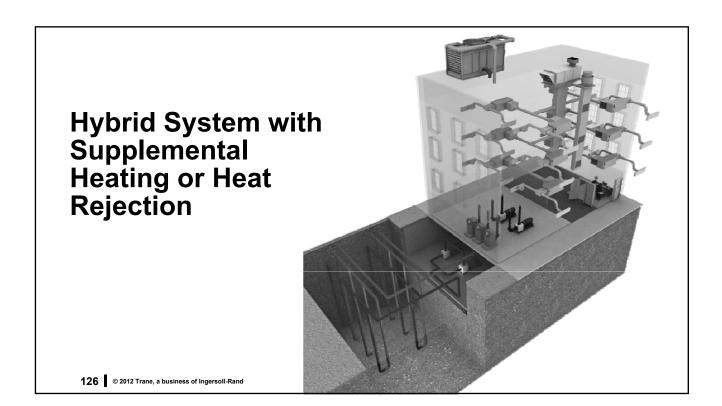


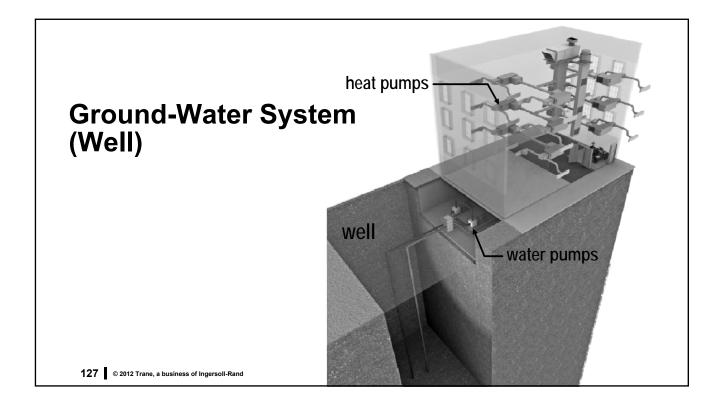


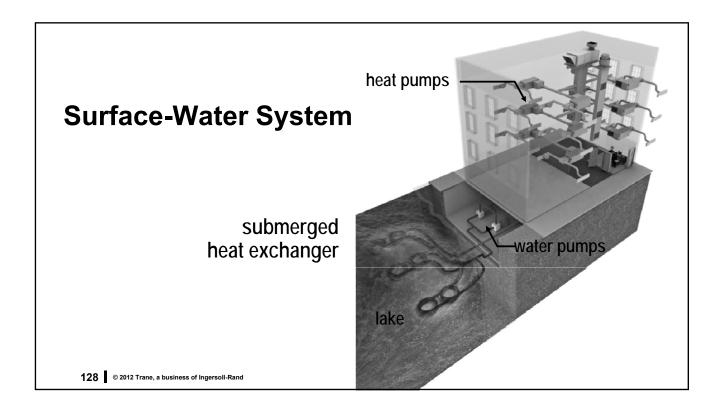


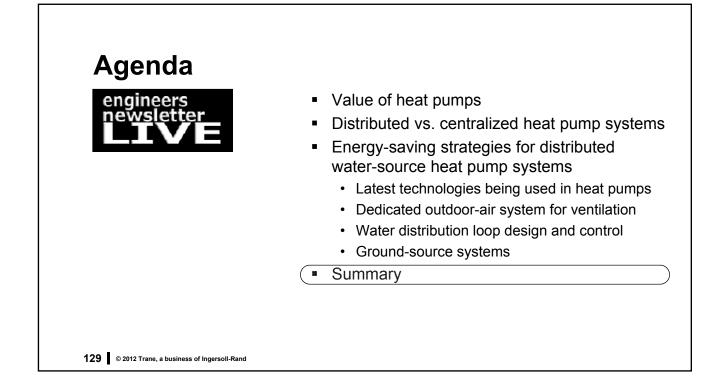






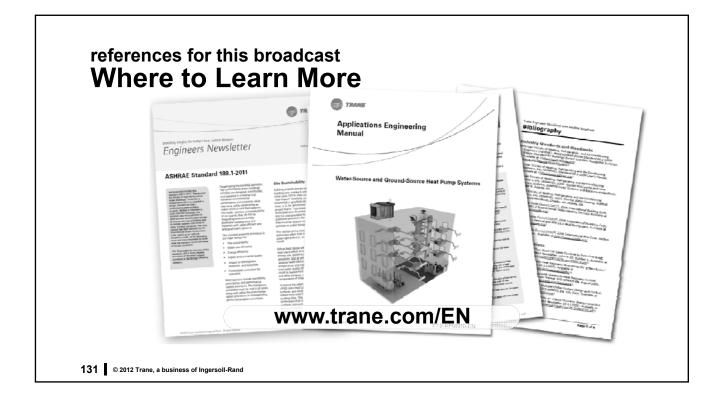


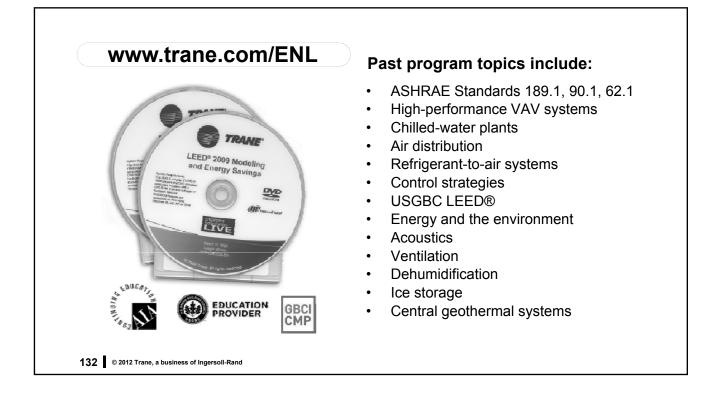


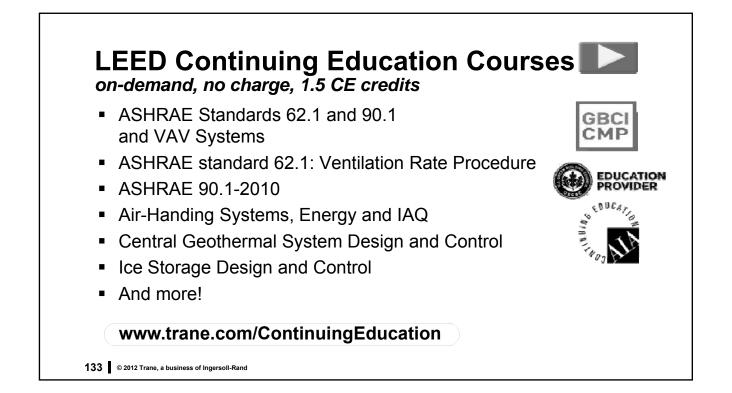


energy-saving strategies for WSHP and GSHP systems **Summary**

- Distributed vs. centralized heat pump systems
- Energy-saving strategies for distributed WSHP systems
 - Investigate latest technologies used in heat pumps (variable-speed compressors, ECMs on fans)
 - Design dedicated outdoor-air systems to deliver conditioned OA directly to the zone at a cold temperature, when possible
 - · Design water distribution loop for variable flow
 - · Consider ground-source systems, when possible
- ASHRAE 90.1 requirements specific to WSHP/GSHP systems







2012 ENL Programs

 October Air-to-Air Energy Recovery



Energy-Saving Strategies for Water-Source and Ground-Source Heat Pump Systems





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June 2012

Energy-saving Strategies for Water-source and Ground-source Heat Pump Systems

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